



## Overview of ONLINE Services

### Neurodiversity:

- Screening
- Diagnostic & Clinical Assessment
  - Coaching & Counselling

# Who are Phoenix Psychology Services LTD?

## Unveiling Strengths, Unleashing Futures

The Phoenix Psychology Practice LTD was formed in August 2023 to provide online services to support neurodiversity in education and the workplace through screening, diagnostic assessment, coaching and counselling services. We are based in Curry Rivel, Somerset.

### Our Clients:



We partner with schools, colleges and universities, for example the University of Cambridge, The Royal College of Art and Westminster University, to make positive steps forwards by unveiling strengths of neurodivergent individuals through the delivery of diagnostic assessment and examination access arrangements.

At The Phoenix Psychology Practice, our team of qualified assessors, occupational psychologists and counsellors unleash the futures of individuals through empathetic and supportive engagement, where individual's neurodivergence is celebrated.

To support the new diagnosis of a neurodivergent condition, for example Attention Deficit Hyperactivity Disorder, Dyslexia or Dyspraxia, Phoenix Psychology Practice offer coaching to support academic, workplace and life changes to ensure that individuals have the opportunity to thrive and be in harmony with their environment.



## Our Mission

To unveil strengths and unleash the futures of neurodivergent individuals in education and the workplace, through assessment, coaching and the nurturing of wellbeing.

## Our Values



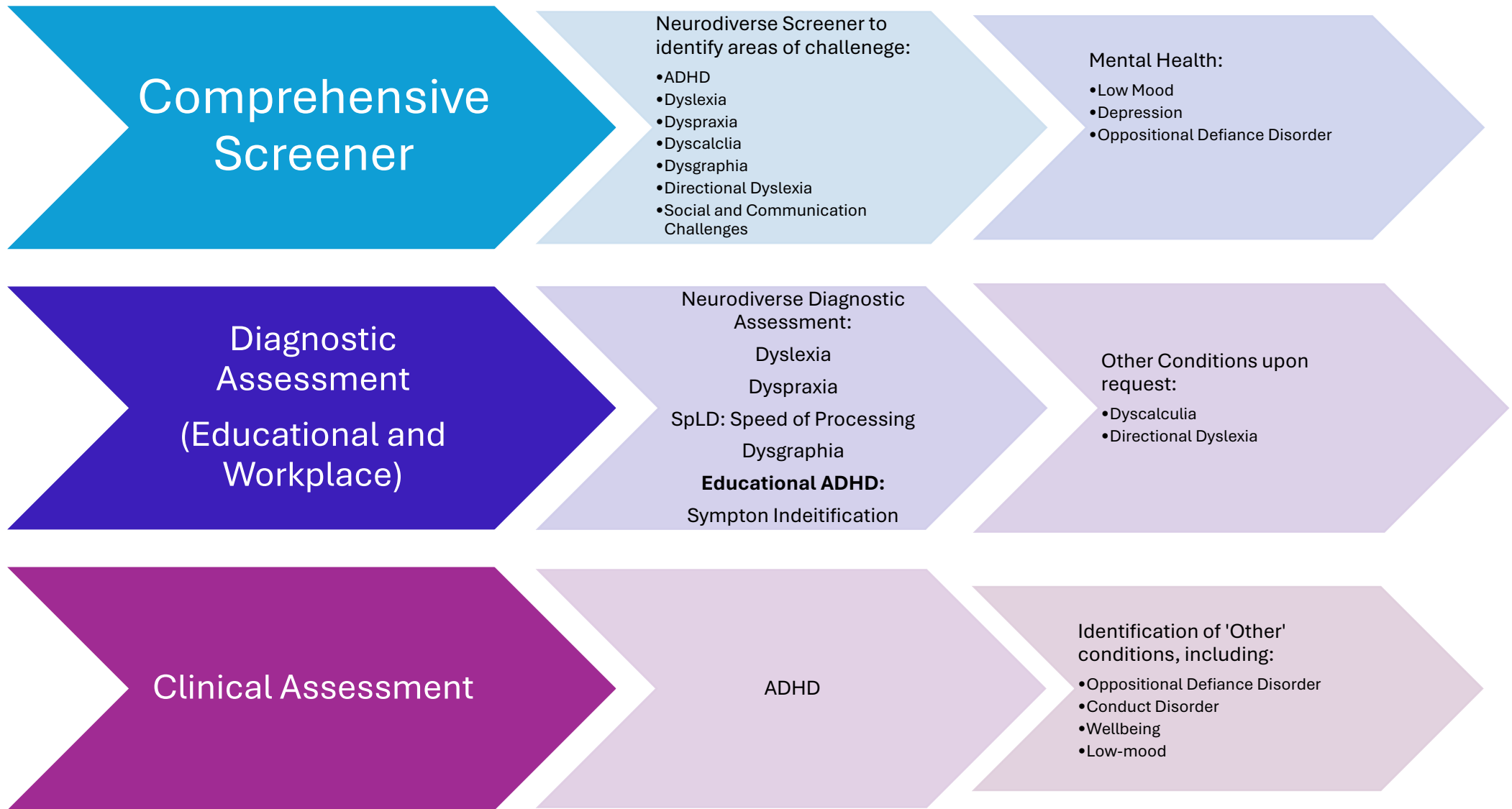
Trust



Equality



Respect





## Screener

### Identification of areas of concern

Process involves:

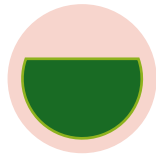
- Undertaking a general screener to identify areas of concern,
- Parent/Guardian/Lecturer/ Disability Advisor feedback regarding areas of concern identified (for workplace-self-report of challenges at work).

### Testing of:

- Reading,
- Spelling,
- Maths,
- Working memory,
- Verbal ability,
- Phonological processing.

The results given in a report format with recommendations for further support. Free follow-up support appointment.

Upon request, a formal referral letter to a GP or other medical professional. (Additional cost £25.00)



## Diagnostic Assessment

### Assessment of:

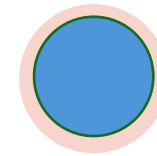
- Reading,
- Writing,
- Spelling,
- Underlying verbal and visual ability
- Phonological Processing (processing of sounds in words).
- Working memory,
- Maths (where appropriate).

Client is requested to complete a Background Information document. Feedback **may be** requested from the Disability Advisor/lecturer(s) regarding academic performance and observations.(Self-report for workplace clients)

The results are given in a report format including:

- Recommendations for further support
- Examination access arrangements (where appropriate)
- Study skills support
- Support at home
- Referral to other services

Upon request, a formal referral letter to GP or other medical professional if required (Additional cost). Free follow-up support appointment.



## Clinical Assessment

### Process:

- Request background information for client, their academic concerns and health/medical history .
- Parents/Guardian/Lecturer/Disability Advisor/Client to complete self-report questionnaire regarding academic performance and observations regarding potential ADHD symptoms of the client.
- Three appointments (online or where required):

1. Discussion with Client regarding their concerns academic and everyday life concerns, review of information gathered pre-appointment
2. Diagnostic testing of cognitive ability and underlying ability.
3. Diagnostic Interview with client and spouse/family member. Potentially including Disability Advisor or other party.
4. Follow-up appointment with client to discuss findings.

The diagnosis will be given in a report with recommendations for further support and formal referral letter to a GP/Psychiatrist/ADHD regarding potential pharmacological support (medication).

- **Service Outline:**

Neurodiversity Coaching is a service provided to support you with navigating and applying solution focused approaches to a current or newly diagnosed neurodiverse condition.

- **SESSIONS (Blocks of six sessions)**

- Assertiveness
- Self Esteem & Confidence
- Relationships
- Health, Wellbeing, Assertiveness and Stress
- Career
- Motivation, Assertiveness and Making Changes

- **What to expect in your session:**

- Sessions take place via Zoom and lasts for 30 minutes.
- Sessions are private and confidential, and take place in a 'held' space.
- The Neurodiversity Coach will keep session notes, which are encrypted and held in a confidential online storage space.

# Neurodiversity Coaching



- **Service Outline**

- Counselling sessions are there to support you with:

- Wellbeing
- Workplace
- Personal relationships
- Neurodiversity and wellbeing

- Counselling services with the Phoenix Psychology Practice are delivered over six sessions and reviewed after the sixth session. All counselling takes place with qualified counsellors. Sessions can be adapted to your needs and this is discussed in your initial session with the counsellor.

- Family sessions are available upon request.

# Counselling



**Contact us** Tel: 07901106033 or 07552373337 or Email: [Info@phoenix-psych.com](mailto:Info@phoenix-psych.com)